

Taking Flight

Week Two

Ice Breaker (optional – choose one below)

- What superhero did you want to be when you were growing up?
- We are often told to “fake it till you make it.” Do you think this works? Why or why not?
- Is it ever OK to try to be something you are not? Explain.

Main Idea

The goal of the Christian Life is to allow Jesus Christ to live His life through us, not about us trying to imitate Jesus' life in our own strength.

Discuss

What stood out to you from this weekend's message?

The Christian life is Christ's life – and you can't imitate Him, yet His life is the standard. How does it make you feel?

What does the Bible say?

Read [Romans 8:1-6](#)

- What are the ways Paul describes life in the flesh vs. life in the Spirit? It seems crazy that anyone would chose life in the flesh instead, but we do it all the time. Why do you think we do this?
- In Romans 6:23, Paul lets us know that the “wages of sin is death” meaning that it leads to a “death-like” existence in that area. In what areas of your life are you currently experiencing this?
- This weekend, we heard “living in the flesh” defined as: Trusting in my strength and determination to bring about whatever changes I feel need to take place. It's retaining control of my life. It's giving primary consideration to my needs, desires, appetites and fears when making decisions.
 - What are some ways you are trying to live the Christian Life “in the flesh?”
 - What things are keeping you from giving control of your life fully to God?
 - How would your day-to-day life change if you focused on staying in close relationship with God and left the “changing” up to Him?

Apply the Message

We were never meant to try to “be Jesus” all on our own. Trying to live up to His standard only leads to frustration when we try to do it in our own strength. We each need to reach the point where we say to God, “I give up because I just can't do it.” We cannot do it, but He can.

Think back on the areas you are trying to “be good” in your own strength. Write them down in the format below and put them in areas that you will see often this week. They can be reminders to pray and to allow Jesus to live through you:

- I cannot overcome _____ (temptation) in my life, but You can.
- I cannot be the _____ (spouse, parent, employee) I need to be, but You can.
- I cannot love _____ the way I know I should, but You can.
- Write your own below.