

LESSONS FROM A QUARANTINE

Personal Reflection

Week One

Scripture:

[Read Genesis 3:6-10; Psalm 13](#)

Observe:

What do these passages say about God? What do they say about us?

What is a promise or truth that stood out to you from this week's message?

Apply:

Where have you seen God working in middle of the Covid-19 season? How have you grown spiritually?

Where have you underestimated the significance of sin or the role sin played in causing the brokenness, pain, and strife we see in the world?

How do you need the Gospel to give you hope during this season?

Pray:

Spend some time in self-examination and asking God where He wants to deepen your dependence on Him.

Spend some time praying for the lonely, hurting, and those suffering injustice in our communities.

Share:

Who is someone you could invite with you to gethope.tv next week?