

LESSONS FROM A QUARANTINE

Week two

Personal Reflection

Scripture:

Ephesians 4, Philippians 2:3-4

Observe:

What do these passages say about God? What do they say about us?

What is a promise or truth that stood out to you from this week's message?

Apply:

Ephesians 4 gives us "Four T's" to handle conflict (Speak Truth, Tenderly, Timely and Tactfully). How are you doing in these areas? Which one should be on your prayer list?

What is a conflict you are going through right now? How can you own your part of the problem rather than seeing the other person as the problem?

How can you grow in valuing the "interests of others" ahead of yourself?

Pray:

Spend some time in praying through your conflicts. Make a list of things you can't control and make a list of things you can do something about. Pray for the courage to be faithful in handling conflict in a way that honors Christ.

Share:

Invite someone to join us for Daily Hope this week on the Hope Facebook page as we pray for healing and reconciliation in our nation each morning.