

CELEBRATING COMMUNION

“The Lord Jesus on the night when He was betrayed took bread, and when He had given thanks, He broke it, and said, ‘This is my body, which is for you. Do this in remembrance of me.’ In the same way also He took the cup, after supper, saying, ‘This cup is the new covenant in my blood. Do this, as often as you drink it, in remembrance of me. For whenever you eat this bread and drink this cup, you proclaim the Lord’s death until He comes.’”

1 Corinthians 11:23-26

WHAT IS COMMUNION?

Communion is a symbol that helps us remember the significance of Jesus’ death and resurrection. There is nothing magical in the act of taking communion that saves us. Rather, it is a reminder of what Christ has done for us.

WHY DO WE PRACTICE COMMUNION?

1. To follow Jesus: We practice communion to obey Jesus’ command.
2. To remember what Jesus did for us: Breaking bread and sharing a cup are tangible signs to remember the gift of Jesus breaking His body and shedding His blood to save us from our sins.
3. To declare our faith in Jesus: Every time we practice communion, we declare our faith in Christ as the Lord and Savior of our lives.

WHO SHOULD TAKE COMMUNION?

Anyone who has put their faith in Jesus and made a decision to make Him his/her Lord and Savior should take communion.

HOW SHOULD I PRACTICE COMMUNION IN MY GROUP OR HOME?

The Bible does not give instructions on how often or where to practice communion. You don’t need a priest or pastor to share this gift together. Anytime Christians gather is an appropriate time to have communion. Just take time to remember the gift of Jesus’ sacrifice, examine yourself and surrender your heart to Jesus. (1 Corinthians 11:27-29)

TAKING COMMUNION AS A FAMILY OR SMALL GROUP

1

PREPARE THE BREAD AND CUP

While you can use any food and drink to symbolize Jesus' body and blood, it's important to have a mindset of reverence.

2

JESUS, WE REMEMBER:

Read 1 Corinthians 11:23-28, and remember what Jesus has done on the cross for us.

3

JESUS, WE PRAY:

Read Psalm 139:23-24; and in silent prayer, examine your hearts, repent of sin and ask God to guide you.

4

JESUS, WE THANK YOU:

Thank Jesus for His body, which was broken for you and for His blood, which was shed for you so that your sins can be forgiven.

EAT AND DRINK COMMUNION
THANKING JESUS FOR HIS WONDERFUL GIFT