



**SMALL GROUP WEEKLY VIDEO:** [HTTPS://VIMEO.COM/558692857/BD4D4E1F45](https://vimeo.com/558692857/BD4D4E1F45)

## **MAIN IDEA**

While God does not always heal us physically, God heals us spiritually as we trust and take steps with Jesus.

## **STARTER**

What is the most pain you have ever experienced?

## **DISCUSS**

Have you (or someone you know) ever experienced physical healing from God?

## **READ**

Read John 5:1-14 out loud as a group and discuss:

- What does this story show you about Jesus and what He wants for your life?
- What does this story show you about yourself?
- What is an area in your life you feel “stuck” in an unhealthy pattern (spiritually, relationally, emotionally, financially or physically)?

Have someone read 2 Corinthians 12:8-10 and Romans 5:3-5.

- How do these passages encourage you to turn toward Jesus when things in your life don't seem to be getting better?
- What is a “pool” you feel tempted to turn to for comfort or help rather than Jesus?

## **APPLY**

Have everyone take a minute to pray and ask God to show you one way you need God's help in your life right now and one step you could take toward Jesus. Share what God put on your heart with your group.

Spend some time praying for each other's needs for healing—spiritually, physically, emotionally, financially, or relationally.