



SMALL GROUP WEEKLY VIDEO: [HTTPS://VIMEO.COM/563736877/3965448BF6](https://vimeo.com/563736877/3965448BF6)

MAIN IDEA

Jesus can provide what we need even when we have nothing left to give.

STARTER

In honor of Father's Day, share one of your favorite memories you and your dad.

DISCUSS

What is something you do to "refuel" when you feel drained?

READ

Read [John 6:1-15](#) and discuss:

- What does this passage show you about Jesus?
- What does Jesus being your provider mean to you?
- Which area of your life do you feel most tempted to not trust God will provide for you? (finances, family, friendships, spiritually, etc.)

Have everyone in your group take a piece of paper or notecard and spend some time alone with God reading [Psalm 139:23-24](#)

- Read through the passage and spend time allowing God to search your heart.
- On your piece of paper, write down the word "me" and draw a circle around it. In your circle, write down anything (any anxious, sinful, or controlling tendencies) you need to surrender and trust God within your life.
- Break into groups of 2-4 in your group and spend time sharing what you wrote and praying for each other follow Jesus with your whole heart.

APPLY

Make a point to follow up with the people you partnered up with this week to encourage and pray for each other.