



ENOUGH

SMALL GROUP WEEKLY VIDEO: [HTTPS://VIMEO.COM/575472118/224AE284AE](https://vimeo.com/575472118/224AE284AE)

MAIN IDEA

Count your days so your days count.

STARTER

If you had an extra day in your week, what would you do with it?

DISCUSS

Describe a time in your life when you realized that life is fragile? How did this moment impact your priorities?

READ

This week, have everyone spend 10 minutes or so reading [Psalm 90](#) on their own and practice the S.O.A.P method of listening to Jesus in Scripture.

- [Here is a tool](#) to help you understand S.O.A.P that you can share with your group or use to coach them how to do it.
- The main goal is to identify 1 or 2 key truths about God, yourself, and what God wants for your life by reading Scripture and then taking a next step of application to your life.
- You can have everyone spread out around the house or stay together as a group.
- Have everyone come back together and share 1 key thing that God highlighted and what a next step they believe God wants them to take.

Read [James 4:14](#) and [Ephesians 5:15-16](#) and discuss:

- When you look back at your life, what are some values or priorities you hope to be true of you?
- What is a something you would need to say “no” to in order to say “yes” to God’s priorities in this season of your life?

APPLY

Have everyone take a minute to pause and pray. What is one truth God wants you to embrace more in your life tonight? What is a step you could take this week?

Spend time praying for each other’s needs and to make your time count with the time God has given you.

“So teach us to number our days that we may get a heart of wisdom.” Psalm 90:12