

Saying No to God Week 2

Main Idea

God works through storms in our lives to humble us and to help us see our need for Him.

Starter

Follow up from last week on your group's growth plan to continue the conversation about helping each other grow and making your group's calendar (see the guide on the next page).

- Ask if anyone had any new ideas since your initial discussion, and work to finalize your group's calendar through May.
- If you haven't already, share the Spiritual Health Assessment and Grow Devotional with your group to help them evaluate and invest in their spiritual health. (see QR codes below)

Discuss

What is a celebration and challenge you have in your life right now?

Scripture

Read [Jonah 1:3-17](#) and discuss:

- Put yourself in Jonah's place in this story. How would you have felt in this moment?
- What does this passage show you about God and what He wants for your life?
- What is a storm or "difficult event" you have been through and something you learned from it?

Read [Mark 4:36-41](#) and discuss:

- How does Jesus' response to the storm encourage or challenge you?
- What would it look like for you to say "yes" to trusting Jesus rather than trying to control your circumstances on your own?

Apply

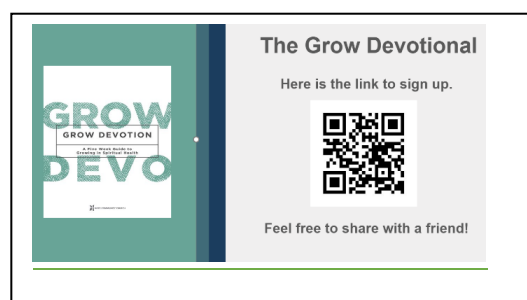
Have everyone take a moment to pause and spend 1-2 minutes in quiet prayer. During that time, listen to Jesus about the following questions:

- What is one way you need to say "yes" to trusting Jesus in your life right now?
- What is a step you could take this week to say "yes" instead of "no"?

Close your time by having everyone share what the Holy Spirit is saying to them (30 seconds or less) and pray for each other.



Spiritual Health Assessment



GROW Devotional

Small Group Growth Plan: Winter-Spring Season

Start off the New Year by leading your group to make a plan to grow together.

Choose a discussion option

- Discuss which Biblical discussion option would be best to help your group grow:
 - **Message Based Curriculum, The GROW Devotional, or an alternate Bible study.**
 - Feel free to just plan one study at a time and then decide what is next.

Outline a calendar through May

- Decide on a rhythm of social and mission activities outside your group time.
- Discuss how you can utilize Hope events to grow together and reach others.

Share responsibility

- Discuss who can take responsibility for the various aspects of the group:
 - Group discussion- leading group discussion and prayer
 - Social connection- planning “socials” to connect outside the group
 - Service and mission- organizing serve or outreach opportunities for the group
 - Hospitality- welcome, providing snacks, and follow up with new people

Who’s your one?

- Have everyone pray about inviting one person to be part of your group’s rhythm.

Our Group’s Calendar

Begin to outline your group’s plan through May. *Future sermon series names and length are subject to change, but we want to give you the themes so you can plan for your group.

	My Group’s Rhythm	Hope Events and Sermon Series
January- February	Study 1 _____ Socials _____ Mission _____	Series 1: Saying No to God (4 weeks) Jan 29: Next Level Parent Conference Series 2: Serving Series (4 weeks)
March- Easter	Study 2 _____ Socials _____ Mission _____ *What can your group do to reach others for Easter this year?	Series 3: 1 Peter Series (5-7 weeks) March 17-20: Men’s Weekend March 25-27: Women’s Weekend April 17: Easter Series 4: Tough Questions Series
Easter- Memorial Day	Study 3 _____ Socials _____ Mission _____	May 18: Man Night May 25: Women’s Night

*We need volunteers to serve at the Next Level Parent Conference.
Sign up to serve at gethope.net/conference.