

## Worship: Week One

### Main Idea

Worship is more than singing songs. It's seeing the value of who God is and responding accordingly.

### Starter

What is your favorite worship song? Why?

### Discuss

Have you ever had a time where you were stretched outside of your comfort zone in worship of God (in a good way)? How did that impact you?

### Scripture

Pick someone in your group to make a list of reasons "why" we are called to worship (*What is it about God that makes Him valuable?*) and "how" we are called to worship (*specific commands we are called to obey about worship*). After you read each of the following passages, make a list for each category as a group ([Psalm 47:1-2](#), [Psalm 134:1-2](#), [Psalm 149:1-3](#), [Psalm 150:1-6](#)). After you make your lists together, discuss:

- What truth about God encourages or challenges you most in these passages?
- Which of these commands about worship is a stretch out of your comfort zone? Why?

Read [2 Samuel 6:1-23](#) and discuss:

- How does David model worshipping God?
- What would it look like for you to grow in worshipping God for who He really is?

### Apply

Have everyone share one specific way they could grow in worshipping God in their life.

Spend time praying for each other's needs and for people in your life to see your love for Jesus in everything you do.