

## Made for More Week 1

### Main Idea

We don't have to believe the lie that says our past disqualifies us from the future Jesus came to give us.

### Starter

Have everyone introduce themselves and share where they grew up, how long they've lived in the Triangle, and a TV show or movie they've enjoyed seeing recently.

### Discuss

If you could go back and talk to your teenage self, what is one message you would want to share? (*Have everyone share in 1 minute or less and appoint a timekeeper to keep you on track.*)

### Scripture

Pick someone to read [Ephesians 1:15-21](#).

- How does this passage speak to the idea of being "made for more?" What are some of the things Paul prays for us to experience?
- What idea or phrase from the prayer stuck out to you the most? Why?

Have someone read [Ephesians 2:1-10](#) and discuss:

- What does this passage say God has done to save us from our past?
  - *Make sure to encourage your group with the truth of the Gospel. Affirm insights that are Biblical and Gospel centered. Remind them that Jesus came to show us God's grace through the cross and rose again to give us a new life.*
- Take five minutes to dig into this passage a bit more. Pick someone to be the "group scribe." As a group, come up with a list of all the things Paul says we are saved *from* and what we are saved *for*? See how many you can come up with in five minutes or less.
- When you are tempted to believe the lie that your past disqualifies you from the "more" God wants for you, what is a truth from this Scripture you could use to fight the enemy?

### Apply

Say something like, "Before we leave today, let's take a quiet moment to pay attention to what God wants us to take away from our time together. Sometimes, we get so busy going to the next thing that we miss the simple next step God wants us to take. So, let's take 30 seconds to pause, pray, and reflect about:

- a key truth or idea God wants you to embrace
- a step you could take to "live for more" this week

Have everyone share (in a minute or less) their "takeaways" for the week. Then, thank your group for sharing and close the group in prayer as the Holy Spirit leads.