

Why Am I Running? - Week 3

Main Idea

Jesus took on the punishment He didn't deserve so we can have the life we don't deserve.

Starter

What is something you are looking forward to in your life right now?

Discuss

How can we pray for you and/or your family?

Spend some time praying for each other before you jump into the discussion for tonight.

Scripture

Read [Romans 5:1-11](#) and discuss:

- What does this passage show you about Jesus and what He wants for our life?
- Pick someone to be the group "scribe" and someone to read the passage again. As a group, make a list of all the things this passage says we are given access to because of the Gospel.
- Which of the Biblical truths you wrote down encourages or challenges you the most? Why?
- Why is it good news to you that Jesus took on the punishment He didn't deserve?

Apply

Have everyone take a quiet moment to reflect about the following questions:

1. In your life right now, what are you most grateful to Jesus for?
2. Who is someone in your life you want to pray will find the love of Jesus?

Spend some time praying together as the Holy Spirit leads.

Family Conversation Question

This week, spend some time talking with your family (this could be your spouse, your kids, or your brothers and sisters in Christ) about the following question:

- **What are some things God gives us every day that we haven't earned or don't deserve?**