

Why Am I Running? - Week 1

Main Idea

God wants us to believe the truth that life is better running toward God rather than running away from Him.

Starter

What is the biggest source of joy in your life right now? What is the biggest source of stress?

Discuss

Why do you think human beings run from God?

Scripture

Read [Luke 15:11-32](#) and discuss:

- What does this story show you about Jesus?
- What does this story teach you about yourself?
- What does this story teach you about what God wants for your life?
- How does this story encourage you to run toward God rather than away from God?

Apply

Have everyone take a quiet moment to reflect and ask God:

1. What is a Biblical truth about God or yourself you need to embrace more fully?
2. Is there any way you are running from God in your life right now?
3. How can we pray for you to run toward God this week?

Share with the group what God put on your heart. As the Holy Spirit leads, pray for each other and the people you want to know the hope of Jesus.

Family Conversation Question

This week, spend some time talking with your family (this could be your spouse, your kids, or your brothers and sisters in Christ) about the following question: **Why do we run from God?**