

Why Am I Running? - Week 4

Main Idea

If we want to live a life of significance, we need to run towards a life of faith, even when it isn't easy.

Starter

What is your favorite superhero movie or character? Why?

Discuss

What is an opportunity God has given you to show or share the love of Jesus with someone recently?

Scripture

Read [Hebrews 11:1-6](#) and discuss:

- How does this passage define faith?
- How has your faith impacted a choice you've made in your life recently?
- What would you say if a non-Christian friend asked you, "Why does living by faith matter to you?"

Read [Hebrews 11:7-40](#) as a group. Have each person read a few verses until you finish the chapter.

- What is most encouraging to you about these examples of faith?
- Which example of faith is most challenging to you? Why?

Apply

Have everyone take a quiet moment to reflect about the following questions:

1. In your life right now, what is something you need to surrender to Jesus by faith?
2. What is a step of faith God is leading you to take to share the love of Jesus with someone else?

In a minute, share what God put on your heart (depending on time, you might want to break up into groups of 2-3 to share). Then spend time praying together as the Holy Spirit leads.

Family Conversation Question

This week, spend some time talking with your family (this could be your spouse, your kids, or your brothers and sisters in Christ) about the following question:

- **In your own words, define "faith."**