

## Defining Jesus

### Week 4 "I Am the Bread of Life."

Jesus is defined by many different names and terms. Who was Jesus historically? And how does knowing Jesus help all of us in the present and into the future?

**Jesus says, "I am the bread of life," which helps us understand how to find true contentment.**

As humans, we want to be content people.

Jesus provides complete satisfaction.

Jesus says, "I Am the bread of life."

Bread is a symbol of sustaining life throughout the Bible. (Exodus 16:4)

John 6:22-24, 27 (ESV)

Jesus exposes a truth for all of us to engage - Stop looking to temporary things to satisfy eternal longings.

John 6:35 (ESV) Jesus tells them He is essential to life.

Jesus extends the invitation - See Jesus as the source of all satisfaction.

Jesus wants us to see not physical life but eternal life - See yourself as more than mind and body.

Jesus equates himself with God in His "I am" statement. (Exodus 3:14)

The Bible tells us that God has placed (the desire for) eternity in our hearts.

(Ecclesiastes 3:11)

If you want the contentment and satisfaction only Jesus can bring, come to Jesus and believe Jesus.