

Defining Jesus - Week 4

Main Idea

Jesus is the bread of life who can truly give contentment to the human soul.

Starter

If you could plan your ideal dinner, what would it be?

Discuss

On a scale of 1 to 10, how content do you feel in your life right now? Why?

Scripture

Take turns reading John 6:22-58 as a group. Then, discuss.

- What does this passage show you about Jesus and what He wants for your life?
- Put yourself in the shoes of the crowd listening to Jesus in this moment. Which of Jesus' promises in this passage would have been most encouraging and most confusing to you? Why?
- What does it mean for Jesus to be your source of contentment in life?

Apply

Break up into groups of 3-4 to share and pray together.

1. What is a step you could take toward trusting Jesus as your source of contentment?
2. Who is someone in your life you want to pray for to find the hope of Jesus?

Spend time praying for each other, your families, and the people you mentioned to turn to Jesus to find fulfillment and hope.

Family Conversation Question

This week, spend some time talking with your family (this could be your spouse, your kids, or your brothers and sisters in Christ) about the following question: Where do you look for satisfaction?