

## Deconstruction-1

### Main Idea

While it is normal to have questions about faith, Jesus wants to give us a solid foundation about God we can trust to build our lives on.

### Starter

What is something you are grateful for in your life right now? Why?

### Discuss

Do you know anyone who used to follow Jesus who has turned away from the faith? What do you think influenced them in this direction?

### Scripture

Read [John 20:24-31](#) and discuss:

- What does this passage show you about Jesus?
- How do you think Thomas felt before and after this encounter with Jesus?
- How could Jesus' posture toward Thomas' questions shape how you respond to your own doubts and the doubts of others?

Read [Matthew 7:24-27](#) and discuss:

- Compare and contrast the wise and foolish man in this parable. What is similar and different between these two people?
- How does this passage encourage or challenge you?
- In your own words, why does building your life on Jesus' foundation matter to you?

### Apply

Before you close your group, break up into groups of 2-3 to reflect and pray about the following questions:

- What is a struggle, doubt, or question you have about your faith right now?
- Who is someone you know that is struggling in their faith you want to pray for?

After you share, spend time praying together at the Holy Spirit leads.