



# FOOD MINISTRY

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## BACKPACK BUDDIES

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Drop off the following items once per month to feed your “buddy.” If you prefer to drop off weekly, that works too!

- 4 Cans Meat (Tuna, Chicken, Etc.)
- 4 Cans Ravioli, Chili, Chef Boyardee
- 4 Cans Soup
- 8 Cans Vegetables
- 16 Top Ramen (Please No Cups)
- 8 Mac-N-Cheese (Please No Cups)
- 4 Cans Fruit OR 16 Small Fruit Cups (Please No Foil Tops)
- 16 Oatmeal Packets (Please No Cups)
- 16 Individual Snacks (energy bars, granola bars, or protein bars if available and nothing that can crumble like chips and crackers)
- 4 Toilet Paper Roll
- 1 Small Hygiene Item (Please No Bar Soap)
- 1 Small Peanut Butter (Please No Glass)

### REMINDERS

1. Please select **easy-open tops** and items that don't need to be cooked (easy prep for kids).
2. Pay attention to the **weight** of items—lighter items are easier for small children to carry.

