

This Is Our God: Week 2

Main Idea

God is gracious, so I can find healing from my shame.

Starter

If you were to get a tattoo symbolizing what is most important to you, what would it be? Why?

Discuss

How can we pray for you and/or your family? (1-2 minute version)

Before starting your Scripture discussion, spend some time praying for each other and for the Holy Spirit to work through your time in God's Word together.

Scripture

Take turns reading [John 4:1-29](#). Then, discuss.

- What does this encounter show you about Jesus and what He wants for our lives?
- As a group, create a "story board" of this woman's testimony before and after she encountered Jesus.
 - What was her life like before meeting Jesus?
 - How does Jesus surprise her? How does Jesus' grace bring healing to her shame?
 - What is her life like after encountering Jesus?
- To what degree have you struggled with shame in your life?
- How has Jesus' grace made a difference in your story?

Apply

Have your group take a quiet moment to reflect on the following questions before you pray.

- How do you need Jesus' grace in your life right now?
- How do you need to extend grace to someone else?

Break into groups of 2-3. Share your reflections, pray for each other to let go of the baggage of shame through the power of Jesus' grace and love.