

Walking with Ghosts: Disappointment

Main Idea

Jesus shows up in our disappointment, so we don't have to be haunted by it.

Starter

What is your most and least favorite part of living in Raleigh?

Discuss

How can we pray for you/ and or your family?

Spend some time praying together before you start your Scripture discussion.

Scripture

Read [Luke 24:13-35](#) and discuss:

- What do you notice about how Jesus shows up in the disciples' disappointment?
- How does this encounter with Jesus change their perspective?
- What passages of Scripture help you remember Jesus' promises even when you go through disappointment?

Take turns reading [Psalm 77](#) and then discuss:

- What is most surprising or striking to you about this Psalm?
- How does remembering God's faithfulness help David reorient his disappointment?
- When you go through disappointment, do you feel the permission to be honest with God? Why or why not?

Apply

Break up into groups of 2-3 to share about the following questions:

- What is your "take-away" from your time today? (a truth to embrace or step of faith to take)
- What is a disappointment you need to bring to Jesus? How can we pray for you?

Spend time praying together as the Holy Spirit leads.