

## The Jesus Way 6- Trials

### Main Idea

The practice of enduring trials with joy helps us grow and develop maturity in following Jesus.

### Starter

How did your Sabbath challenge go last week? What did you learn from the experience?

### Discuss

What is a current celebration and challenge in your life?

*Spend some time praying together as the Holy Spirit leads.*

### Scripture

Assign someone different to read each of the following passage: [James 1:2-4](#), [Hebrews 12:1-3](#), and [Romans 5:1-5](#). Take note of any promises and commands you notice.

- As a group, make a list of the promises and commands you observe in these passages. Pick someone to write them down.
- What stands out to you most about what God wants for our lives in these passages?
- How does the command to “consider it joy” when you face trials of many kinds encourage or challenge you? Where do these passages say that joy comes from?
- What do these passages say the role of trials, or difficulties, are in the life of faith in Jesus?
- What is a way God has used a trial in your life to deepen your maturity in Christ?

Read [Matthew 22:36-41](#) group and discuss:

- How did Jesus set an example of maturity in difficult trials?
- How do you think you could follow His example more in your life right now?

### Apply

This week, give everyone a notecard and have them write down a challenge or difficulty on one side of the card, and James 1:2-4 on the other side (the whole verse). Encourage them to put the card in a place you can see it this week as a reminder to find joy in Christ through trials and difficulties.

Break up into groups of 3-4 to share what you wrote and spend time praying for each other as the Holy Spirit leads.