

The Jesus Way 7

Main Idea

If we want to grow in the way of Jesus, we need to be committed to practicing prayer.

Starter

Who is someone who has helped you learn how to pray? How did they impact your life?

Discuss

How can we pray for you and/or your family?

Spend some time praying together as the Holy Spirit leads.

Scripture

Read Matthew 6:5-8 and discuss:

- What does Jesus teach His disciples about prayer in this passage?
- What promises and commands do you notice? What do they show you about what Jesus wants for your life?
- What habits and rhythms in your life do you have that help you practice prayer?
- How would you like to grow in your practice of prayer?

Read Matthew 6:9-15 and discuss the following questions:

- What is most meaningful to you about this pattern Jesus gives us to pray?
- How does it encourage or challenge you?

Apply

Give everyone a notecard and pen to journal in response to the following questions. On the front of your card.

- What do you need to thank God for? What do you need to ask God to provide for you?
- Is there any area in your life you need to confess and repent of?

In your own words, write a prayer of trust and surrender to God on the back of your card.

Before you close the group, break up into groups of 2-4 to spend time praying for each other based on what you wrote on your card.