

## Trust Issues 4

### Main Idea

Trust can only be found in the One who has proven to be trustworthy.

### Starter

What is some good news and bad news you've gotten recently?

### Discuss

How can we pray for you and/or your family?

*Spend some time praying together as the Holy Spirit leads.*

### Scripture

Give everyone a notecard and pen. Then, have someone volunteer to read each of the following verses (Proverbs 3:5-6, John 16:33, Psalm 25:16-20, Psalm 56:3-4, Hebrews 4:14-16). After they are done reading, have them read the verses again and invite everyone to write down the verse that is most encouraging or hopeful to them in this season of their life.

- Which verse encouraged you the most and why?
- What is a current situation in your life that you are having difficulty trusting God with?
- Which of the following tends to get in the way of you trusting God in your life? Why?
  - Your circumstances
  - Your pain
  - Your wisdom
- Does anyone have a testimony of how you've trusted God and He has come through for you in a way you didn't expect?

*Remind your group of the truth of Hebrews 4:14-16 that we can always come to God in our times of need and trust His care for us. He is the only One who is completely trustworthy in a world where it is sometimes hard to know who to trust.*

### Apply

Give everyone a moment to pause and reflect on a word that represents your need to trust God in your life right now. Then, write your answer on the back of your notecard.

Then, break up into groups of 3-4 to share your reflections and spend time praying for each other as the Holy Spirit leads.