



Opening

- Begin with a brief **welcome and prayer** to set the tone for the group time.
- **Introduce the theme:** In a divided world, Philippians 2 reminds us that true unity is found in sharing the same heart, love, and mission through Christ. When we follow His example of humility, our lives reflect a powerful witness of the gospel to the world.

Discussion Questions

CONNECT

- Have you ever been a part of a group that lived in complete unity? What was that like?
- Where do you personally feel the pull toward division right now (home, work, online, church)? What makes unity hard for you?
- Honest assessment: How does disunity make you feel? Do you hate it or are there times when you lean into the drama?

DISCOVER

Read Philippians 2:1-11 together as a group

- In verses 1 and 2, Paul lists shared blessings in Christ (encouragement from being united with Christ, comfort in His love, common participation in the Spirit, tenderness and compassion). Which of these have you experienced, and what was/is it like?
- What is the difference between “unity” and “sameness”? Where is the tension between the two?
- Paul gives a clear command in verses 3-4. What might this look like in your own life?
- Reflect on verses 5-11. What stands out? What questions do you have? What example does Christ set for us? Why is it difficult to live out at times?

Read Philippians 2:12-16 together as a group

- Why does Paul tie “no grumbling or disputing” to shining as lights (vv.14–15)? Where do grumbling and disputing most threaten your witness?

APPLY

- Name one preference/“right” you’re tempted to cling to that may hinder unity. What would releasing it look like?
- Using the “enemy playbook” (isolate, divide, distract, destroy), which tactic do you most fall for? What is one counter-move in Christ you will practice this week?

- Where could your group model unity publicly so others “see Jesus clearly” (a service project, hospitality rhythm, reconciliation step)? Pick one step together.

RESPOND

- Silence (2 minutes): Ask the Spirit to reveal any person you need to serve, reconcile with, or stop grumbling about.
- Commit: Each person name one unity action that you’re committing to take (serve, invite, give, learn a name, reconcile).

GROUP PRAYER

Take time for prayer requests and celebrations, and then spend time praying for these things specifically:

- **Thank God** for the one gospel and one body.
- **Confess** places of disunity and grumbling.
- **Ask** for Jesus’ mindset—humble, gentle, obedient—and for our church to “shine as lights” in this city (Phil 2:15).

CLOSING

Reiterate the simple vision: “Unity doesn’t erase diversity; it redeems it. Let’s love alike in everything this week.” Encourage everyone to follow through on their one action and check in next meeting.