



## Rooted Week 2 Message-Based Curriculum Guide

### Rooted in the Word

#### Opening

- Begin with a **brief welcome and prayer** to set the tone for the group time.
- **Introduce the theme:** This week, we started a series called Rooted. Not only is it about being firmly rooted in Christ, but it is also a vision series that prepares the way for all we believe God is calling us to in 2026.
- **Big Idea:** Being rooted in Christ means letting the Word of God take deep, lasting root in our lives.

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#### Discussion Questions

##### CONNECT

- In your own words, what does it mean to be “rooted”?
- When it comes to your faith right now, do you feel more “rooted” or “exposed” (think weak foundation)? Why?

##### DISCOVER

###### *Read Psalm 1:1-3 together*

- What stands out to you in this passage?
- What is the significance of the progression of walking → standing → sitting in this passage?
- What does “the counsel of the wicked” look like in our society today?
- The Psalms use a lot of poetic language. What does it practically mean to be “planted by streams of water”?
- How does the language of a deeply rooted tree challenge the way we often approach faith?
- If someone observed your daily rhythms and habits, what would they assume you are most deeply rooted in? And what would you want to change?

##### APPLY

###### *The First 10 Challenge*

*Jason challenged us to give the first 10 minutes of our day to the Lord.*

- What usually gets the first 10 minutes of your day?

- What feels most challenging about slowing down with Scripture consistently?
- What would change if God's Word shaped your "inputs" before everything else did?

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### **Simple Practice Framework**

**Write this down or take a photo:**

**Read → Reflect → Respond → Pray**

- Read: What does the passage say?
- Reflect: What does it show me about God or myself?
- Respond: What is one step of obedience today?
- Pray: Turn what you read into prayer.

### **GROUP PRAYER**

This week, we are going to tie our prayer requests to what we've been talking about:

#### **Pray together for:**

- Deeper roots in Christ.
- Consistency, not guilt.
- Transformation
- A deep hunger and desire for God's Word.

### **CLOSING**

- **This Week:** Practice *The First 10* at least 3 times
- **If You're New or Skeptical:** Read the Gospel of John honestly and ask, "Who is Jesus?"
- **As a Group:** Check in next week—*What made it hard? What made it meaningful?*