



Rooted Week 2 Message-Based Curriculum Guide

Rooted in the Word

Opening

- Begin with a **brief welcome and prayer** to set the tone for the group time.
- **Introduce the theme:** This week, we started a series called Rooted. Not only is it about being firmly rooted in Christ, but it is also a vision series that prepares the way for all we believe God is calling us to in 2026.
- **Big Idea:** Being rooted in Christ means letting the Word of God take deep, lasting root in our lives.

Discussion Questions

CONNECT

- In your own words, what does it mean to be “rooted”?
- When it comes to your faith right now, do you feel more “rooted” or “exposed” (think weak foundation)? Why?

DISCOVER

Read Psalm 1:1-3 together

- What stands out to you in this passage?
- What is the significance of the progression of walking → standing → sitting in this passage?
- What does “the counsel of the wicked” look like in our society today?
- The Psalms use a lot of poetic language. What does it practically mean to be “planted by streams of water”?
- How does the language of a deeply rooted tree challenge the way we often approach faith?
- If someone observed your daily rhythms and habits, what would they assume you are most deeply rooted in? And what would you want to change?

APPLY

The First 10 Challenge

Jason challenged us to give the first 10 minutes of our day to the Lord.

- What usually gets the first 10 minutes of your day?

- What feels most challenging about slowing down with Scripture consistently?
 - What would change if God's Word shaped your "inputs" before everything else did?
-

Simple Practice Framework

Write this down or take a photo:

Read → Reflect → Respond → Pray

- Read: What does the passage say?
- Reflect: What does it show me about God or myself?
- Respond: What is one step of obedience today?
- Pray: Turn what you read into prayer.

GROUP PRAYER

This week, we are going to tie our prayer requests to what we've been talking about:

Pray together for:

- Deeper roots in Christ.
- Consistency, not guilt.
- Transformation
- A deep hunger and desire for God's Word.

CLOSING

- **This Week:** Practice *The First 10* at least 3 times
- **If You're New or Skeptical:** Read the Gospel of John honestly and ask, "*Who is Jesus?*"
- **As a Group:** Check in next week—*What made it hard? What made it meaningful?*