HIGH SCHOOL

# Fall Retreat

OCT WEEKEND '26

## Frequently Asked Questions

**Friday, October 23 at 5:00 PM—Sunday, October 25 at 3:00 PM**

**Camp Facility**: Camp Willow Springs in Littleton, NC

**Camp Staff:**

- Hope's Staff will be programming and running the camp
- All adult volunteers are background checked and have completed required safety training
- *Hope is supported by Camp Willow Springs directors and meal staff*

**Housing & Assignments**

- Camp is dorm styled housing with Twin sized bunk beds
- Camp Willow Springs has large cabins that house 22 people
  - There are 2 sides in each cabin with 11 beds per side
- Students are housed by same gender first and then campus and grade as possible
- Students will need to bring all linens for bedding: sleeping bag (or sheet and blanket) and pillow
- Housing is climate controlled with toilets and shower stalls
- All cabins will have at least 2 same gender adult leaders

**Food/Meals**

- Meals at camp are homemade and served family style.
- Camp can accommodate food allergies and other needs
  - Please indicate on the camp registration any food needs for your student
- Camp will provide 3 meals on Saturday and 2 on Sunday
- Students can bring snacks
- We encourage bringing a water bottle with the student's name visible
  - Students will have opportunity to refill their water bottles around the camp
- **On Friday evening students will need to eat dinner before they arrive for check-in**

**Medical**

- A member of Hope's Medical Team will be with us for the weekend
- Camp provides basic first aid supplies and some OTC medications
- If there is an injury that needs additional medical attention, we will call you and transport your student with 2 adults to the nearest urgent care or hospital

**Medications**

- **Please bring all medications in original prescription bottle or over the counter packaging**
- **All medication will be collected at check in and dispensed during camp by our medical team**
- If medication needs refrigeration there will be a designated refrigerator to keep in while at camp
- Prescription bottles and remaining meds will be given back to your student at lunch on Sunday to pack in their bag to return home.

**Transportation**

- We contract with Holiday Travel to use their 56 passenger coach buses
- We load and unload at Hope's Apex Campus- 2080 E Williams Street, Holly Springs
  - Check in at 5:00 pm on Friday, October 23
  - Busses will leave by 6:00 pm
  - Returning at 3:00 pm on Sunday, October 25
- We assign students to buses by their housing assignments and your student's luggage will be loaded under their assigned bus
- We will have volunteers at buses to help with loading
- Once students are on their assigned bus, they cannot exit the bus without the bus captain's permission
- Hope staff and adult Leaders will travel on the buses with students

**Packing**

- There is limited space under buses
- Each student is limited to 1 luggage bag and 1 sleeping bundle to store under the bus
- They can bring a backpack with them on the bus
- Students will have to carry what they pack to their cabin when we arrive at camp
  - The walk from the buses to housing has gravel and grass
- Please label luggage and sleeping bags so that students can easily identify their items
- Suggested Packing List
  - Sleeping Bag or twin sheet & blanket
  - Pillow
  - Bible + Pen
  - Toiletries
  - Towels
  - Jacket or sweatshirt
  - Clothes
  - Bug Spray
  - Flashlight
  - Tennis shoes
  - Marked Water Bottle

**Electronic Devices**

- HSM Fall Retreat is a **NO PHONE EVENT**
  - With recent studies, we see a strong value in keeping phones at home
  - At check-in, we will ask students to give phone/ device to parents
  - If we find out a student has a phone during the retreat, we will ask them to hand in phone to our Hope Staff Retreat Directors to lock up for the duration of camp. Any phone turned in will be returned upon returning to Apex Campus on Sunday
  - In the event of emergency, you can contact any of the Hope Staff Retreat Directors
  - In the event of an emergency at the retreat, we will contact the provided emergency contact phone number
  - We will be taking pictures throughout the weekend, and you will be sent a cluster link to access those photos following the retreat