



Rooted Participant FAQ

Fall 2026

What is Rooted?

Rooted is a foundational discipleship experience that includes

- 10 weekly campus gatherings
- personal reflection and spiritual practices throughout the week
- a separately scheduled group Serve Experience, and
- a final Rooted Celebration

Together with your table, you will explore Scripture, engage in prayer, serve in the community, share stories, and practice rhythms that are essential to a healthy spiritual life. These rhythms reflect many of the practices of the early church described in Acts 2.

Why should I sign up for Rooted?

Don't go through Rooted for us. Go through it for yourself!

The Rooted Experience creates space for you to grow closer to Jesus, build meaningful relationships, and establish rhythms that can continue long after the experience ends. You will have the opportunity to learn, ask questions, share your story, and put your faith into practice alongside others.

Whether you are new to faith, returning to church, or have followed Jesus for years, Rooted can help you take a meaningful next step.

How much time is required outside the weekly gathering?

The Rooted Experience includes personal reading, reflection, and spiritual practices during the week. These activities are an essential part of the experience rather than optional homework.

You will get the most from Rooted by setting aside consistent time throughout the week to work through your participant book and practice the rhythms being discussed with your table.

What are the dates/times of Rooted this fall?

Below are the dates for the Fall Session of Rooted.

- Participants are welcome to arrive early, and each weekly gathering will begin promptly at 6:30 PM.
- Additional information from the Rooted Team will be sent by email before the Rooted Experience begins.

Apex Session	Mondays, 6:30-8:30 PM September 14–November 16, 2026 + separate serve experience
Raleigh Session	Thursdays, 6:30-8:30 PM September 17–November 19, 2026 + separate serve experience
Final Celebration	Monday, November 30, 2026 6:30 PM at the Apex Campus (end time/details will be provided) Business casual attire

How do I register?

The easiest way to register is through the Hope App. Registration links will also be available at gethope.net/rooted.

Registration will be available:

- July 26–August 1, 2026 : Early access to the Rooted Interest List.
- August 2 : Open registration until seats are filled.

Space is limited, so please act quickly. Joining the interest list or receiving an early-registration invitation does not guarantee a seat. Your registration is complete when you successfully submit the registration form and pay the participant fee.

What is the cost?

The cost for Fall Rooted is \$40 per person. This helps cover a portion of the cost of the Rooted Experience.

If cost limits your ability to participate, please contact rooted@gethope.net for more information about financial assistance.

Why is there a registration fee for a discipleship experience?

The registration fee helps cover a portion of the cost of the Rooted Experience, including participant materials and other resources used throughout Rooted and the Rooted Celebration.

We believe Rooted is a meaningful investment in your relationship with Jesus and your connection with others. However, we do not want financial circumstances to prevent you from participating. Contact rooted@gethope.net for more information about financial assistance.

Can I go through Rooted with people I already know?

You may register alongside friends, members of your Community Group, a serve team, or others with whom you are already connected; however, that does not guarantee you will be assigned to the same table.

We will make every reasonable effort to consider group requests, but table placement cannot be guaranteed.

Each person must complete an individual Rooted registration.

How will my Rooted table be formed?

Rooted tables are formed prayerfully and intentionally. Our goal is to create healthy tables where participants can build meaningful relationships during the Rooted Experience and have the opportunity to remain connected afterward.

When forming tables, the Rooted Team may consider:

- Geographic proximity
- Campus selection
- Life stage
- Existing relationships or Community Group connections
- Table-leader availability
- Opportunities for the table to continue as a Community Group after Rooted

Although we consider registration requests and geographic information, we cannot guarantee placement with a particular person or table leader.

How many people will be at my table?

The target size for each Rooted table is approximately 10 people, including participants and table leaders. Final table size may vary depending on registration, campus capacity, student participation, and leader availability.

Where will my Rooted table group meet?

Rooted will be offered at the Apex and Raleigh campuses. You may register at either campus, regardless of which Hope campus you normally attend.

Weekly gatherings will take place at the campus selected during registration. Some experiences, including the Serve Experience, may take place at another location in the community.

Your specific table location and arrival instructions will be shared before the first gathering.

Is childcare available?

On-site childcare will not be offered for Fall Rooted. Parents and guardians are responsible for arranging childcare.

If childcare costs will limit your ability to participate, we may be able to offer childcare reimbursement, as budget allows. Reimbursement is intended to help offset childcare expenses and may not cover the full cost of care.

Questions about childcare reimbursement may be sent to rooted@gethope.net.

What if I cannot attend every week?

Consistency is an important part of the Rooted Experience. Each week builds upon the previous week, and your presence also matters to the other people at your table.

We understand that illness, work, travel, and family responsibilities happen. Participants should make every effort to attend all weekly gatherings and Rooted experiences and are strongly encouraged not to miss more than two gatherings.

Before registering, please review the full schedule and consider whether you can commit to participating consistently.

Is there an age requirement for Rooted?

Rooted is available to participants who are in high school or older. We are unable to offer Rooted to middle school students or younger at this time.

High school students will be placed at a student table led by approved Student Ministry leaders so that conversations can be meaningful and age-appropriate. A limited number of student seats will be available at each campus.

Parents and students may participate during the same campus session, but students will meet at their designated student table.

What happens if registration is full?

When all available seats have been filled, registration will close and an interest list will be made available for individuals who would like to be contacted if a seat becomes available.

Joining the interest list does not guarantee placement in the current Rooted Experience.

While waiting for the next Rooted opportunity, we encourage you to explore other ways to connect through Hope, including serve teams, campus events, and men's or women's gatherings. The Hope App and campus eNews are the best places to find available opportunities.

What is the difference between Rooted and a Community Group?

Rooted is a foundational discipleship experience with a defined beginning and end. Community Groups are ongoing groups of people intentionally doing life together and helping one another experience the life Jesus came to make available.

One of our goals is for relationships formed during the Rooted Experience to continue afterward. When there is healthy connection, an identified leader, and a shared desire to remain together, some Rooted tables may have the opportunity to launch or continue as Community Groups.

Participation in Rooted does not guarantee that every table will become a Community Group, but the Rooted Team and Community Pastors will help participants understand possible next steps as Rooted comes to a close.

Do I have to join a Community Group after Rooted?

No, you are not required to join a Community Group after Rooted. However, the Rooted Experience is designed to help participants experience the value of ongoing biblical community.

Near the end of the experience, your table leaders and Community Pastors will help you explore appropriate next steps. These may include continuing with your Rooted table, joining another Community Group, serving, or pursuing another discipleship opportunity.

When will I receive my participant book?

You will receive your participant book at the beginning of the Rooted Experience. Additional information about material distribution will be communicated before Week One.

Please bring your book and a Bible to each weekly gathering.

Who should I contact with additional questions?

Contact the Rooted Team at rooted@gethope.net. We would be glad to help you prepare for the Rooted Experience.